



Dates for your diary

February is LGBTQ+ History Month



16th February - Winter Topic Showcase (page 4)

- 19th February - Half term
- 26th February - Back to School
- 7th March - World Book Day



Hello all

This week we have done work around looking after our mental health. Life can be pretty stressful and unpredictable at times, and no one knows this more than our wonderful children. On page 2 and 3 you'll find our latest competitions. Please encourage the children to have a go! There are some fantastic websites for children's wellbeing activities; check out the selection below. **From Mrs Porter**

<https://www.childrensmentalhealthweek.org.uk/families/>

Place2Be's CHILDREN'S MENTAL HEALTH WEEK 5-11 FEB 2024

Children's Mental Health Week

<https://www.justonenorfolk.nhs.uk/emotional-health/children-young-people-s-emotional-health/>

Visit: [JustoneNorfolk.nhs.uk](https://www.justonenorfolk.nhs.uk)
 Norfolk's online NHS resource for families

Text: **Parentline** 07520 631590

Call: Just one Number **0300 300 0123**
 Mon - Fri: 8am - 6pm
 Sat: 9am - 1pm

MY VOICE MATTERS!

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2024/parents-and-carers>

We hope you take the time to look at the link above, which provides lots of valuable advice, as well as interactive elements to support you to engage with your child or young person about staying safe online.

Safer Internet Day is celebrated right across the globe.



WORK OF THE WEEK



Mikei for working hard during service.

WOW!

Jack for independent English and blanket design.



STAR OF THE WEEK

TJ

Hooray!

Well done for having a totally wonderful week in Foxes!



Alfie for his outstanding English work.

Ben for



Children's Mental Health Awareness Week - 5th - 11th February



There are lots of things we can do to take care of our wellbeing, such as colouring and doing puzzles.

Eye spy, with my little eye... colour in the items below, when you find them in the picture! See Miss Allen for a prize if you find them all!

- Beach ball
- Bee
- Carrot
- Cow
- Dog
- Dolphin
- Fairy
- Fox
- Flag
- Jam
- Key
- Lion
- Monkey
- Pig
- Present
- Queen
- Snail
- Teddy
- Train
- Umbrella



CHINESE NEW YEAR



10th February marks the beginning of the Lunar New Year across Asia. Each year is represented by a different animal. 2024 is the Year of The Dragon. Ask an adult to help you find out what animal represented the year you were born!

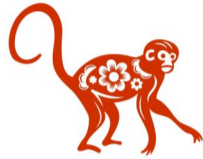
Draw it below and bring it in on Monday for a prize!



馬
HORSE



羊
GOAT



猴
MONKEY



雞
ROOSTER



狗
DOG



豬
PIG



鼠
RAT



牛
OX



虎
TIGER



兔
RABBIT



龍
DRAGON



蛇
SNAKE

EVENTS

WINTER

Friday
16th Feb

Topic
Showcase

Following the success of our first Topic Showcase about "Space", we're holding our second one next Friday 16th February.

You are invited to join us to celebrate the work the children have produced this term on the topic, "Winter".

Please join us in The Barn from 09:00 onwards. Your child will show you the work that's been done in their class.

Refreshments will be available.

We are so proud of how hard our children work. We look forward to seeing you all and sharing in their success.



The School Council has organised a bake sale on 14th February to raise money for school improvements! The proceeds from their cakes and cookies will go towards buying a drum kit for the school. The school gates will open from 10:45! Come and grab a treat or two for just 50p each!